

HIGH COUNTRY

RESERVED FOR GSSC
MCGUIRE STUDENTS.

1-4 NOV 2022 (BOYS)
15-18 NOV 2022 (GIRLS)



In partnership with:



LighthouseProject
GREATER SHEPPARTON

Supported by generous donations
from:

Rotary Club Mooroopna
Rotary Club Shepparton



Giz A Break



WE LIVE AND WORK ON ABORIGINAL LAND. WE ACKNOWLEDGE THE TRADITIONAL OWNERS OF THE LANDS OUR ADVENTURES TAKE PLACE ON.

- **YORTA YORTA & BANGERANG (LOWER GOULBURN RIVER AND MURRAY RIVER)**
- **TAUNGURUNG & GUNAIKURNAI COUNTRY (ALPINE REGION)**
- **EASTERN MAAR (OTWAYS)**
- **BARENGI GADJIN (VICTORIAN DESERTS)**
- **JARDWADJALI & DJAB WURRUNG (GARIWERD / GRAMPIANS)**

WE ARE ACUTELY AWARE OF, AND CELEBRATE, THE FACT THAT ABORIGINAL CULTURES ARE THE OLDEST SURVIVING CULTURES IN THE WORLD, AND WE INCLUDE TRUTH TELLING IN OUR ADVENTURES.

BOUNCE BACK

REGISTRATION INFO

If you're a student at **Greater Shepparton Secondary College**, you could be coming along for an unforgettable 4-day off-road adventure through to the High Country. Four-wheel driving, exploring, mountain tops - we'll provide all the equipment needed. All you need to bring are your clothes, drink bottle and a pillow.

Together, we'll be crossing through rivers in the 4x4s, check out high country huts, and stand atop some of our highest mountains. Pick-up and drop-off locations will be advised after you register.

If this sounds like the break you've been dreaming of, check out the program inside and get your parents across the information and registration form.

REGISTRATION PACK

Inside this booklet, you'll find more info about the adventure program and a step-by-step guide on how you sign up. Also, you and your parents might be keen to know more about who we are and how it's all made possible - it's all included in this booklet.



We are fully insured, hold working with children checks, four-wheel driving certificates, and qualifications in health and social work fields. This ensures that our initiatives are fun, safe, and healthy. Our equipment is of high quality and we provide everything - food, sleeping bags, head torches. And this means that anyone can come along - nobody needs to buy equipment.

Oh yes - almost forgot: It's free. Yep, that's right, you don't have to pay a \$ - our partners Greater Shepparton Lighthouse Project, Greater Shepparton City Council, and Rotary Clubs Shepparton and Mooroopna took care of it.



WAIT... WHAAAT?

GIMME THE DEETS!

DAY 1

Meet at 9am at McGuire Campus.

We'll make our way to Cheshunt, VIC, from where we'll head into the Alpine National Park. While on the road, we'll equip each truck with a GoPro and you'll start making a plan on how you will be recording the trip to tell your story in a social media campaign. Check page 5 for more details on this aspect.

DAY 2

After spending the night at Top Crossing, we'll head down to Pineapple Flat on the upper King River where we'll have lunch. We'll then

cross the King River and work our way across to King Hut. It's a stunning drive with six river crossings through crystal-clear water.

DAY 3

We'll leave camp set up and take the staircase track up to Lake Cobbler, from where our hike to Mt Cobbler Summit starts. You wouldn't believe the views - incredible and so rewarding! Once back down, we'll pack up and drive across to Craig's Hut on Mt Stirling, check out the summit and drop down to Bindaree Falls and Hut relaxing by a camp fire.

DAY 4

We'll take the scenic route back to Mansfield - creek crossings and steep 4x4 climbs will reward you with stunning views of Buller and The Bluff before we finish with a swim (for the brave...) on the Howqua River. After a well earned lunch in Mansfield, we head home. **Back in Shepp (McGuire) around 3:30pm.**

MORE DEETS...

YOUR ADVENTURE VIDEO

We'll give you 3 GoPros so that you can document your own adventure - in your own words. After the trip, we put together a 10 minute video using the footage you collected. This video will be uploaded on social media (our Facebook and YouTube accounts) so you can share it with your family and friends. If you do not want to appear in any images, that's fine - you can indicate this in the registration form. If you'd like to see what these videos look like, head here: www.gizabreak.org.au/programs

TUNES! (PLAY LIST)

Once you register, we'll be asking you for your favourite 5-10 songs (including artist names). We'll put these together into a play list that will play while we drive and at camp.

RESILIENCE SURVEY

We'll also send you an online survey that everybody coming along has to complete before we head off. It really helps us figure out where you're at and how we can help you build on your strengths.



WHAT HAPPENS NEXT?

Step 1 - Find out more

We'll be visiting GSSC on 11 October to meet you. We'll also be there in the afternoon for families to find out more.

Step 2 - Register

Hit the register button on the adventure at www.gizabreak.org.au/register. You'll need your parent to sign the registration form, so talk to them first and register together.

Step 3 - confirmation

We'll send you a confirmation email and follow up with a phone call.

Step 4 - get ready

We then send you a detailed itinerary and a packing list, as well as a couple of tasks.



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