

HIGH COUNTRY

RESERVED FOR GSSC
FIRST NATIONS
STUDENTS.

1-4 JUNE 2022



In partnership with:



LighthouseProject
GREATER SHEPPARTON

Supported by generous
donations from:

**Rotary Club Shepparton
Rotary Club Shepparton
Central**



Giz A Break



WE LIVE AND WORK ON ABORIGINAL LAND. WE ACKNOWLEDGE THE REGISTERED ABORIGINAL PARTIES AS THE TRADITIONAL OWNERS OF THE LANDS OUR ADVENTURES TAKE PLACE ON.

- YORTA YORTA COUNTRY (LOWER GOULBURN RIVER AND MURRAY RIVER)**
- TAUNGURUNG & GUNAIKURNAI COUNTRY (ALPINE REGION)**
- EASTERN MAAR COUNTRY (OTWAYS)**
- BARENGI GADJIN COUNTRY (VICTORIAN DESERTS)**
- JARDWADJALI & DJAB WURRUNG (GARIWERD / GRAMPIANS)**

WE ARE ACUTELY AWARE OF, AND CELEBRATE, THE FACT THAT ABORIGINAL CULTURES ARE THE OLDEST SURVIVING CULTURES IN THE WORLD, AND WE INCLUDE PRE-COLONIAL HISTORY AND TRUTH TELLING IN OUR ADVENTURES.

BOUNCE BACK

REGISTRATION INFO

If you're a First Nations student at Greater Shepparton Secondary College, you could be coming along for an unforgettable 4-day off-road adventure through to the High Country. Four-wheel driving, exploring, mountain tops - we'll provide all the equipment needed. All you need to bring are your clothes and a pillow.

Together, we'll be crossing through rivers in the 4x4s, check out high country huts, and stand atop some of our highest mountains, Pick-up and drop-off locations will be advised after you register.

If this sounds like the break you've been dreaming of, check out the program inside and get your parents across the information and registration form.

REGISTRATION PACK

Inside this booklet, you'll find more info about the adventure program and a step-by-step guide on how you sign up. Also, you and your parents might be keen to know more about who we are and how it's all made possible - it's all included in this booklet.



We are fully insured, hold working with children checks, four-wheel driving certificates, and qualifications in health and social work fields. This ensures that our initiatives are fun, safe, and healthy. Our equipment is of high quality and we provide everything - food, sleeping bags, head torches. And this means that anyone can come along - nobody needs to buy equipment.

Oh yes - almost forgot: It's free. Yep, that's right, you don't have to pay a \$ - our partners Greater Shepparton Lighthouse Project and Rotary Clubs Shepparton and Shepparton Central took care of it.



WAIT... WHAAAT?

GIMME THE DEETS!

DAY 1

Meet at 9:30am at GSSC teachers' car park. We'll make our way towards Hotham Heights, from where we'll take the Dargo High Plains Road to Dargo and then through the Alpine National Park to Woolenook, where we'll find the log cabin we'll be staying in for the four days. While on the road, we'll equip each truck with a GoPro and you'll start making a plan on how you will be recording the trip to tell your story in Vlog!

DAY 2

Plenty of river crossings and steep tracks coming up! We'll explore The Pinnacle and, if the weather permits, check out Billy Goat Bluff - doesn't get much gnarlier than that... :) We'll finish up with some games in the cabin, warming up by the open fireplace.

DAY 3

Time to get up high! We'll hit the 4x4 tracks to the top of Mount Wellington and check out an old hut along the way. With a bit of luck, we might even get early snowfall!

DAY 4

Time to tidy up and hit the tracks - depending on road conditions and timing, we'll throw in a couple of 4x4 tracks along the way. Back in Shepparton around 4:30pm.

AMENITIES & WEATHER

We'll be staying in a privately owned off-grid log cabin. We'll have access to showers, a toilet, and fireplace. If we're lucky, we'll get snow - fingers crossed!

MORE DEETS...

YOUR ADVENTURE VIDEO

We'll give you 3 GoPros so that you can document your own adventure - in your own words. After the trip, we put together a 25-30 minute video using the footage you collected. This video will be uploaded on social media (our Facebook and YouTube accounts) so you can share it with your family and friends. If you do not want to appear in any images, that's fine - you can indicate this in the registration form. If you'd like to see what these videos look like, head here: www.gizabreak.org.au/programs

TUNES! (PLAY LIST)

Once you register, we'll be asking you for your favourite 5-10 songs (including artist names). We'll put these together into a play list that will play while we drive and at camp.

RESILIENCE SURVEY

We'll also send you an online survey that everybody coming along has to complete before we head off. It really helps us figure out where you're at and how we can help you build on your strengths.



WHAT HAPPENS NEXT?

Step 1

Talk to your parents/carer and teacher about registering and show them this brochure. You need your legal guardian's consent to participate and they need to fill in the registration form with you.

Step 2

Register by [clicking here](http://www.gizabreak.org.au/register) or by hitting the register button on the adventure at www.gizabreak.org.au/register.

Step 3

We'll send you a confirmation email and follow up with a phone call.

Step 4

We then send you a **detailed itinerary and a packing list**, as well as a couple of tasks.



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