

HIGH COUNTRY

CAMP: 18-21 JULY 2023

PLUS

MONTHLY FULL-DAY
ADVENTURES

BOUNCE BACK



Giz A Break



**14-17 YEAR OLDS
BY INVITATION ONLY**

WE LIVE AND WORK ON ABORIGINAL LAND. WE ACKNOWLEDGE THE TRADITIONAL OWNERS OF THE LANDS OUR ADVENTURES TAKE PLACE ON.

- **YORTA YORTA & BANGERANG (LOWER GOULBURN, BROKEN, AND MURRAY RIVERS)**
- **TAUNGURUNG & GUNAIKURNAI COUNTRY (ALPINE REGION)**
- **EASTERN MAAR COUNTRY (OTWAYS)**
- **DJAB WURRUNG AND JARDWARDJALI (GARIWERD)**
- **BARENGI GADJIN COUNTRY (VICTORIAN DESERTS)**

WE ARE ACUTELY AWARE OF, AND CELEBRATE, THE FACT THAT ABORIGINAL CULTURES ARE THE OLDEST SURVIVING CULTURES IN THE WORLD, AND WE INCLUDE PRE-COLONIAL HISTORY AND TRUTH TELLING IN OUR ADVENTURES.

BOUNCE BACK

REGISTRATION INFO

If you've been referred into the Bounce Back program by one of our partner organisations, you could be coming along for an unforgettable 4-day off-road adventure through to the High Country. Four-wheel driving, camping, fishing, hiking - we'll provide all the equipment needed. All you need to bring are some basic clothes and a pillow.

Together, we'll be crossing through rivers in the 4x4s, check out high country huts, and stand atop towering mountains. Pick-up and drop-off is in Shepparton - we'll let you know the exact location as we accept your referral.

If this sounds like the break you've been dreaming of, check out the program inside and get your parents across the information and registration forms.

REGISTRATION PACK

Inside this booklet, you'll find more info about the adventure program and a step-by-step guide on how you sign up. Also, you and your parents might be keen to know more about who we are and how it's all made possible - it's all included in this booklet.



We'll be travelling in three fully decked out four-wheel drives. We are fully insured, hold working with children checks and police checks, four-wheel driving certificates, and qualifications in health and social work fields. This ensures that our initiatives are fun, safe, and healthy. Our equipment is of high quality and we provide everything - from food, tents and swags to head torches and fishing gear. And this means that anyone can come along - nobody needs to buy equipment. There's absolutely no cost to you.



WAIT... WHAAAT?

GIMME THE DEETS!

of steep climbs, right to the top of a mountain - and if the air is clear, we should get some amazing views over snow-capped mountains,

DAY 3 - THU 20 JULY

Ever driven through the Goulburn River? This is the day you will (depending on how high and fast the river runs at the time). There are some amazing tracks with awesome fishing spots - some of the best the high country has on offer. We'll be returning late afternoon and we know we'll have a few stories to share from this day!

DAY 4 - FRI 21 JULY

Time to get a decent brekky and pack up! We'll head back via Mansfield (lunch again!). We'll be **back in Shepp around 4pm.**

MONTHLY FOLLOW-UP

We'll take you out for a full day each month for the next 6 months after camp. Fishing, 4x4, hiking, exploring the high country. Pick up 9am, back home 5pm, all gear provided.

DAY 1 - TUE 18 JULY Meet at 9:30am in Shepparton.

We'll make our way to Mansfield where we'll get lunch. Then we head towards Woods Point and set up base camp on the banks of the upper Goulburn River. We'll get firewood organised before we hit the tracks for a while. We'll set up large tents that will cover your swags so that you'll be dry and warm. Time to start the fire, get food ready, and settle in with some tunes and maybe a game or two.

DAY 2 - WED 19 JULY

Let's go and chase some snow! A big day on the tracks awaits. We'll be heading up to a 4x4 track with plenty



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We gratefully acknowledge the grant from Greater Shepparton City Council under the Victorian Government's Building Safer Communities - Empowering Communities program.

