

# HIGH COUNTRY

HAY SHIRE ADVENTURE

6-9 FEB 2024

20-23 FEB 2024

18-22 YEAR OLDS FROM  
HAY SHIRE ONLY!



**Giz A Break**



**18-22 YEAR OLDS  
LIVING IN HAY SHIRE**

**WE LIVE AND WORK ON ABORIGINAL LAND. WE ACKNOWLEDGE THE REGISTERED ABORIGINAL PARTIES AS THE TRADITIONAL OWNERS OF THE LANDS OUR ADVENTURES TAKE PLACE ON.**

- YORTA YORTA & BANGERANG COUNTRY (LOWER GOULBURN, BORKEN, AND MURRAY RIVERS)**
- TAUNGURUNG & GUNAIKURNAI COUNTRY (ALPINE REGION)**
- EASTERN MAAR COUNTRY (OTWAYS)**
- BARENGI GADJIN COUNTRY (VICTORIAN DESERTS)**

**WE ARE ACUTELY AWARE OF, AND CELEBRATE, THE FACT THAT ABORIGINAL CULTURES ARE THE OLDEST SURVIVING CULTURES IN THE WORLD, AND WE INCLUDE PRE-COLONIAL HISTORY AND TRUTH TELLING IN OUR ADVENTURES.**

# BOUNCE BACK

## REGISTRATION INFO

**If you're 18-22 years old and live in Hay Shire**, you could be coming along for an unforgettable 4-day off-road adventure through to the High Country. Four-wheel driving, camping, fishing, hiking - we'll provide all the equipment needed. All you need to bring are your clothes and a pillow.

Together, we'll be crossing through rivers in the 4x4s, check out high country huts, and stand atop towering mountains. Pick-up and drop-off is at the Hay Visitor Information Centre at 7am 6 Feb / 20 Feb.

If this sounds like the break you've been dreaming of, check out the program inside and get your parents across the information and registration forms.

### REGISTRATION PACK

Inside this booklet, you'll find more info about the adventure program and a step-by-step guide on how you sign up. Also, you might be keen to know more about who we are and how it's all made possible - it's all included in this booklet.



We are fully insured, hold working with children checks and police checks, four-wheel driving certificates, and qualifications in health and social work fields. This ensures that our initiatives are fun, safe, and healthy. Our equipment is of high quality and we provide everything - from food, tents and swags to head torches. And this means that anyone can come along - nobody needs to buy equipment.

**We gratefully acknowledge the support from Hay Shire and the NSW Government, which made these adventures possible.**



# WAIT... WHAAAT?

## GIMME THE DEETS!

### DAY 1 - TUE 6/20 FEB

**Meet at 7am at the Hay Visitor Information Centre.** We'll head through Cheshunt to get lunch, and soon after check out an awesome waterfall and then hit the 4x4 tracks. We'll find camp on the banks of the King River and make ourselves comfy. There are some good swimming holes and decent fishing opportunities for trout. Time to collect fire wood, get that fire going and dinner on the go.

### DAY 2 - WED 7/21 FEB

After brekky, we'll head off to climb steep 4x4 tracks with a break for lunch (and a swim!) before we hit the first of 7 river crossings, and then we set up camp with enough time to have a swim and fish and some games, too. PS - the fishing in this spot is pretty special.

### DAY 3 - THU 8/22 FEB

We pack up camp and head up to Mt Cobbler, leaving the cars at the lake and make our way up a goat track to the summit - 360 degree views! Once back down, we'll track across to Craig's Hut where we'll stay for the night. It's a ripper spot for a sunset with 100km views. Let's get that fire going and settle in.

### DAY 4 - FRI 9/23 FEB

We'll hit the 4x4 tracks one more time, crawling over the top of one of the area's tallest mountains. Time to air up and head to Mansfield for a feed! Back in Hay around 7pm.



# Giz A Break

Giz A Break is proud of our partnership with the Hay community and we're looking forward to sharing this (and hopefully many more!) adventures with you.

**THIS INITIATIVE IS PROUDLY SUPPORTED BY:**

