

# OTWAYS OFF-ROAD

ADVENTURE BROCHURE

**10-13 YEAR OLDS**

**PLUS**

**PARENT / CARER**



**Giz A Break**

**YP+ PROGRAM**

To book a spot, head to:  
[www.gizabreak.org.au](http://www.gizabreak.org.au)



**WE LIVE AND WORK ON ABORIGINAL LAND. WE ACKNOWLEDGE THE TRADITIONAL OWNERS OF THE LANDS OUR ADVENTURES TAKE PLACE ON.**

- YORTA YORTA & BANGERANG (LOWER GOULBURN RIVER AND MURRAY RIVER)**
- TAUNGURUNG & GUNAI KURNAI (ALPINE REGION)**
- EASTERN MAAR (OTWAYS)**
- JARDWARDJALI & DJAB WURRUNG (GARIWERD / GRAMPIANS)**
- BARENGI GADJIN COUNTRY (VICTORIAN DESERTS)**

**WE ARE ACUTELY AWARE OF, AND CELEBRATE, THE FACT THAT ABORIGINAL CULTURES ARE THE OLDEST SURVIVING CULTURES IN THE WORLD, AND WE INCLUDE PRE-COLONIAL HISTORY AND TRUTH TELLING IN OUR ADVENTURES.**



# OTWAY MAGIC

## REGISTRATION INFO

### Why YP+?

We get a lot of enquiries about young people (YP) under the age of 14. We've been thinking about how our approach could work for 10-13 year olds... and we think we've got an idea that will work.

After talking to loads of carers / parents (well, actually, it's often single mums who are looking for support when raising young people with autism or FASD or complex trauma), we're now introducing our **YP+ Program**. YP+ stands for Young Person + Carer, and as the name suggest, the idea is to work with both the young persons as well as their primary carer, in a way that's fun, impactful, and refreshing for all involved.

**Come along for an unforgettable 4-day off-road adventure through to the Great Otways. Four-wheel driving, camping, fishing, hiking - we'll provide all the equipment needed. All you need to bring are your clothes and a pillow.**

We'll be travelling on off-road tracks in the rainforest and along the ocean cliffs, explore ship wrecks and swim in waterfalls. **Our program will give children and carers opportunities to learn and grow (and relax!) independently and then come back together for shared experiences.**



### REGISTRATION PACK

Inside this booklet, you'll find more info about the adventure program and a step-by-step guide on how you sign up. Also, you might be keen to know more about who we are and what we do - it's all included in this booklet.

We are fully insured, hold working with children checks and police checks, four-wheel driving certificates, and qualifications in health and social work fields. This ensures that our initiatives are fun, safe, and healthy. Our equipment is of high quality and we provide everything - from food, tents and swags to head torches. And this means that anyone can come along - nobody needs to buy equipment.





# WAIT... WHAAAT?

## GIMME THE DEETS!

remnants of ships that stranded here more than 150 years ago. During the afternoon, we'll be going for swims and try out stand-up paddle boarding and fishing.

### DAY 3

Rainforests, steep and muddy 4x4 tracks, and waterfalls - you're in for a magical experience. We'll be spending the day on the tracks, broken up by short hikes to stunning locations. At the end of the day, we'll cool off with a swim in Apollo Bay and then make our way back to camp to relax. And once it gets dark, we have a very special magical surprise for you!

### DAY 4

We'll be packing up and then head back home - but not before we have paid a visit to a bakery and another waterfall along the way. We aim to be back in Shepparton around 4pm and can give you more exact time of arrival once we have left Melbourne behind us.

### DAY 1

**We'll leave from Shepparton at 9am. We can pick up participants in Seymour, Wallan, and Colac also.**

We'll make our way to the coast, where we'll set up base camp. At camp, there's a river to fish in and a sandy 4x4 track that takes us to a remote beach. And if you look up and around, you should be able to spot Koalas around the campsite, too!

### DAY 2

We'll be heading down the Great Ocean Rd to explore the 12 Apostles and then take a stunning 4x4 track that hugs the coast, exploring beaches and





# Giz A Break

