

HIGH COUNTRY

ADVENTURE BROCHURE

28 – 31 MARCH (14-17 YO BOYS)

2 – 5 MAY (14-17 YO GIRLS)

FREE!



Giz A Break

These adventures are reserved for Multicultural Community members from Greater Shepparton and surrounding areas affected by the 2022 floods.

We gratefully acknowledge the support from the Victorian Department of Families, Fairness and Housing which enables this initiative.



WE LIVE AND WORK ON ABORIGINAL LAND. WE ACKNOWLEDGE THE TRADITIONAL OWNERS OF THE LANDS OUR ADVENTURES TAKE PLACE ON.

- **YORTA YORTA & BANGERANG (LOWER GOULBURN RIVER AND MURRAY RIVER)**
- **TAUNGURUNG & GUNAI KURNAI (ALPINE REGION)**
- **EASTERN MAAR (OTWAYS)**
- **JARDWARDJALI & DJAB WURRUNG (GARIWERD / GRAMPIANS)**
- **BARENGI GADJIN COUNTRY (VICTORIAN DESERTS)**

WE ARE ACUTELY AWARE OF, AND CELEBRATE, THE FACT THAT ABORIGINAL CULTURES ARE THE OLDEST SURVIVING CULTURES IN THE WORLD, AND WE INCLUDE PRE-COLONIAL HISTORY AND TRUTH TELLING IN OUR ADVENTURES.

We are incredibly grateful for the grant from the **Victorian Department of Families, Fairness and Housing** that supports this initiative, as well as the support from our friends at **Point of Difference Studio, Goulburn Broken Catchment Management Authority, Ethnic Council of Greater Shepparton, and Greater Shepparton City Council**. We'd also like to acknowledge Greater Shepparton Foundation for the emergency grant that helped us cover our outgoings while we volunteered our time and equipment delivering people, sandbags, food, medication, and other essentials during the flood event in Shepparton, Mooroopna, Murchison, Undera, and Barmah. It made a big difference.

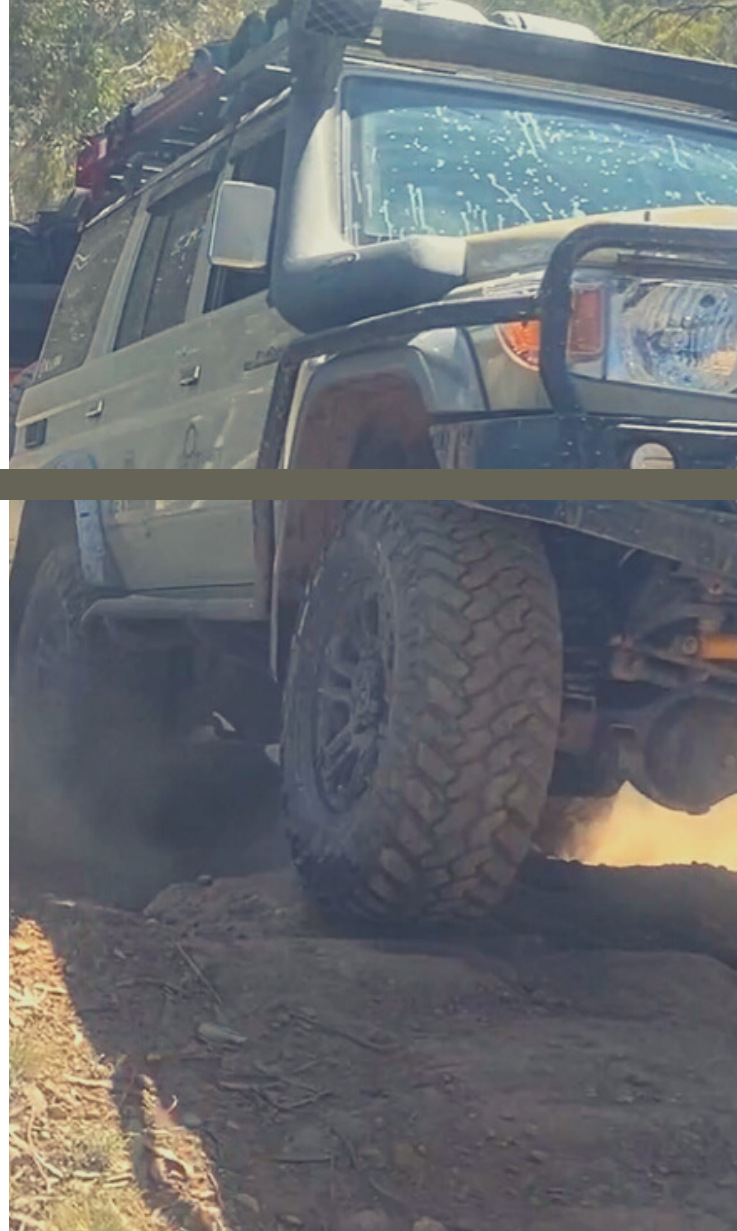
HIGH COUNTRY REGISTRATION INFO

We'll be running two off-road adventures for 14-17 year old boys (28-31 March) and girls (2-5 May) who have been impacted by the 2022 floods in and around Greater Shepparton. It is completely free and all inclusive: Halal food, camping gear, etc.. The adventures are run by an experienced team, including youth and social workers (female and male), and the team includes Arabic speaking and Pasfika persons. **We encourage First Nations people to register.**

We can take 10 participants on each camp and will prioritise those directly affected by the floods.

Come along for an unforgettable 4-day off-road adventure through to the Victorian High Country. Four-wheel driving, camping, fishing, hiking - we'll provide all the equipment needed. All you need to bring are your clothes and a pillow.

Together, we'll be travelling on off-road tracks through the mountains and crystal clear rivers. We'll teach you how to fish for trout, take you for a breathtaking hike to the top of mountains, and for the May crew - you might even get to see the first snow!



Inside this booklet, you'll find more info about the adventure program and a step-by-step guide on how you sign up. Also, you might be keen to know more about who we are and what we do - it's all included in this booklet.

We are fully insured, hold working with children checks and police checks, four-wheel driving certificates, and qualifications in health, youth, and social work fields. This ensures that our initiatives are fun, safe, and healthy. Our equipment is of high quality and we provide everything - from food, tents and swags to head torches. And this means that anyone can come along - nobody needs to buy equipment.



BOYS' ITINERARY

GIMME THE DEETS!

DAY 1 (28 MARCH)

We'll pick you up from the Shepparton Showgrounds (outside the McIntosh Centre) at 9am. We'll make our way to Cheshunt, VIC, from where we'll head into the Alpine National Park. While on the road, we'll equip each truck with a GoPro and you'll start making a plan on how you will be recording the trip to tell your story in a social media campaign. Check page 6 for more details on this aspect.

DAY 2 (29 MARCH)

After spending the night at Top Crossing, we'll head down to Pineapple Flat on the upper King River where we'll have lunch. We'll then

cross the King River and work our way across to King Hut. It's a stunning drive with six river crossings through crystal-clear water.

DAY 3 (30 MARCH)

We'll leave camp set up and take the staircase track up to Lake Cobbler, from where our hike to Mt Cobbler Summit starts. You wouldn't believe the views - incredible and so rewarding! Once back down, we'll pack up and drive across to Craig's Hut on Mt Stirling, check out the summit and drop down to Bindaree Falls and Hut relaxing by a camp fire.

DAY 4 (31 MARCH)

We'll take the scenic route back to Mansfield - creek crossings and steep 4x4 climbs will reward you with stunning views of Buller and The Bluff before we finish with a swim on the Howqua River. After a well earned lunch in Mansfield, we head home. Back in Shepp (McGuire) around 3:30pm.



GIRLS' ITINERARY

GIMME THE DEETS!



DAY 1 (2 MAY)

We'll pick you up from the Shepparton Showgrounds (outside the McIntosh Centre) at 9am. From there, we'll make our way to Briagolong, via Mt Hotham and the Dargo High Plains Road. We'll set up base camp in a log cabin in the forest. We'll give you a couple of GoPros and you can start recording your journey - we'll turn this into a short video that we'll publish on social media afterwards :)

DAY 2 (3 MAY)

A big day on the tracks! We'll be exploring Valencia Creek and surrounding 4x4 tracks and rivers,

trying our hand at fishing the crystal clear streams and checking out high country huts before we head back to the cabin for games and a cosy dinner by the fire.

DAY 3 (4 MAY)

After a hearty breakfast, we'll head out to explore the fire tower on the Pinnacles and then check out one of the most amazing ridge tracks in the High Country: Billy Goat Bluff. We'll then head along the Wonnangatta River and stop over at the famous Dargo Hotel before returning to the cabin for a hot shower and a well earned sleep.

DAY 4 (5 MAY)

We'll take the scenic route back via the Jamieson-Licola Rd and Mt Skene. Stunning views await before we hit the bitumen and make our way back home. Back in Shepparton (McIntosh Centre) at 4pm.

MORE DEETS...

YOUR ADVENTURE VIDEO

We'll give you 3 GoPros so that you can document your own adventure - in your own words. After the trip, we put together a short video using the footage you collected. This video will be uploaded on social media (our Facebook and YouTube accounts) so you can share it with your family and friends. If you do not want to appear in any images, that's fine - you can indicate this in the registration form. If you'd like to see what these videos look like, head here: www.gizabreak.org.au/programs

TUNES! (PLAY LIST)

Once you register, we'll be asking you for your favourite 5-10 songs (including artist names). We'll put these together into a play list that will play while we drive and at camp.

RESILIENCE SURVEY

We'll also send you an online survey that everybody coming along has to complete before we head off. It really helps us figure out where you're at and how we can help you build on your strengths.



WHAT HAPPENS NEXT?

Step 1

Talk to your parents/carers about registering and show them this brochure. You need your legal guardian's consent to participate.

Step 2

Register by hitting the register button on the Flood Recovery adventures at www.gizabreak.org.au/register

Step 3

We'll send you a confirmation email and we'll follow up with a phone call, too.

Step 4

We then send you a **detailed itinerary and a packing list**, as well as a couple of tasks for you to complete beforehand.



Giz A Break

